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**SCA and Southall Black Sisters collaborated to arrange White Ribbon Day activities
in Southall on Friday 25th November 2016.**

Chair's Introduction

Dear Friends,

For Southall Community Alliance this has proven to be an extremely challenging year.

The staff team, volunteers, members and Trustees were all impacted and our resolve to serve the community was tested, while making painful and difficult decisions.

Continued reduction in availability of funding and increasing competition for limited resources were just one aspect of the perfect storm that we have weathered. Under legislative requirements there is now a legal obligation on part of the Charity Trustees to ensure the Charity remains fluid and sustainable above a minimum level of reserves. The Trustees reviewed the financial status of SCA and examined a number of options to steer the charity through this turbulence.

The Perivale Greenford and Northolt project, which we had hosted for a number of years, became stand alone as it had a separate funding stream.

SCA said goodbye to Suki Kaur. Suki distinguished herself in serving Southall's community over the years. On behalf of the Board we thank Suki for her work and wish her the very best for the future. The contract for the other employees was amended and their wages cut by 10%. The Board thanks these colleagues for their sacrifice, dedication and ongoing commitment to see SCA through these difficult times.

Our accommodation at STH was streamlined , SCA operations and financial liability was reduced to the one main room and other administrative measures including raising unrestricted funds from activities were introduced.

This change in the financial fortunes of SCA has called for an increase in contribution from volunteers and Trustees.

The significant events of last year provide a timely reminder for us in the community and voluntary sector of why we are here. Our desire is to serve all sections of our communities, people more vulnerable than us, looking after our common heritage, valuing and celebrating diversity, enriching each other's lives through joint effort, cutting across race, religion, gender and generations. Focusing on one objective that unites us above all to serve "Southall for all". One would hope that this objective is shared by all elected representatives who put themselves forward to act as custodians for the present and future citizens. To make a brighter, better, cohesive, healthier and safer Southall with civic amenities accessible and affordable to all. With a sustainable environment and a growing economy providing training and employment.

On top of their financial constraints, the SCA on behalf of the community had to respond to the proposed sale of Southall Town Hall (STH). The Board have in previous reports already highlighted the sale of community assets by the local authority, with Southall Town Hall being the latest. If STH is sold it would be lost forever to present and future generations. SCA has registered its opposition to the sale. Sadly, there are already rumours that the Young Adult

Centre could be next to be offered for sale. The Young Adults Centre like Southall Town Hall have been developed with an infusion of Government/GLA regeneration, private sector and local authority monies way beyond what is being receipted back. SCA played a significant role in attracting and securing the funding for these institutions and will continue to represent community interests to save them for Southall.

The Board reaffirms its commitment to work in partnership with the elected representatives, officers of the local authority, statutory agencies, benevolent funding institutions to promote “Southall for all.”

In the year ahead, Southall Community Alliance, working with partners, will highlight the equality impact of austerity measures effecting communities. We will provide support to the community and voluntary sector organisations that address the needs of the most vulnerable sections, refugees, poor people, publishing a poverty strategy, recognising the specific issues of the old and the young. We will continue to focus upon saving existing facilities and services, preventing the closure of Ealing Hospital, Southall Job Centre, Southall Police Station, the sale of Southall Town Hall and working with residents and partners to resist any proposals regarding the Young Adult Centre.

Harsev Bains

SCA Chair



Following the tragic murder of MP Jo Cox in June 2016, the Southall community mobilised to show its unity outside Southall Town Hall.

SCA Work Report 2016/17

This was another year in which SCA has once again delivered a huge variety of activities and community based projects both in Southall and across Ealing. This report will provide a summary of our work and identify the main issues that affected SCA during the year. Some of this relates to internal financial changes but the report will also provide details of our work to improve health outcomes, provide a voice for Southall and give isolated communities the opportunity to play a more active role in their neighbourhoods.



Working with Cllr Penny Jones we arranged a 'Memory Walk' in Southall Park, to raise awareness of dementia on 24th September 2016.

SCA Trustees

For the first time in many years, 2016/17 saw the SCA trustees facing some very tough decisions about future organisational finances and staffing. As a community organisation the contribution of these trustees is crucial through regularly attending Board meetings, receiving reports about the work of the organisation, shaping the direction of our work and monitoring financial reports and we have to acknowledge the commitment and involvement of our Board of 11 volunteer trustees.

The SCA trustees are recruited annually from amongst the SCA membership for a term of three years and the groups currently represented on our Board are: Indian Workers Association (GB), MAAS, Samafal Community Association, Southall History Society, Helplink, Southall Show

Society, Mahila Sabha, EREC, Indian Workers Association and Somali Advice & Development Centre and St Josephs Drive Residents Association.

We would like to convey our special thanks to the honorary officers Harsev Bains (Chair), Balvinder Chahal (Vice-Chair), Ravi Jain (Treasurer) and Amir Fouladvand (Company Secretary) for their professional contribution to the running of SCA.

Staffing

SCA staff need to be commended for their commitment and efforts during the year, especially given the multiple demands on their time.

The SCA staff employed during this period included : Babie Kapoor, Suki Kaur, Lush Gill, Zeina Mehio, Jackie Sear and Fathia Diriye. We also had first class volunteer support from Manjit Rooprah

All staff worked very hard during the year and this report is a reflection of their collective efforts. We have been very fortunate to have a stable group of staff over the years but unfortunately the difficult financial climate, that has engulfed many voluntary sector partners caught up with SCA and by the close of 2016 our trustees began to consider organisational changes to fit with our future financial outlook. Sadly, as a result of this internal assessment the trustees made difficult decisions about staffing and the fundraiser post was made redundant. This was a big loss to the organisation, as Suki had been working with SCA since 2004 and we therefore wish her the best for the future.

Another temporary departure, saw Babie go off on maternity leave and the administrative post was temporarily covered by Fathiye Diriye. Jackie and Zeina's contracts with SCA ended as the GNP Community Forum was finally set up as a separate organisation and they were able to take on the responsibility of employing those two staff.

SCA Finances

Although SCA had to manage a large drop in income from the previous financial period, we were able to take the necessary and often difficult decisions that were in the organisations best long term interest. We were able to navigate through a difficult financial climate and continued to produce quality work. For this we need to thank our many funders, without whom we would be unable to function. They include : London Borough of Ealing, Tinder Foundation, Ealing CCG, Bupa UK Foundation, Heathrow Community Fund, GLA, Big Lottery Fund and Ealing CVS.

Throughout the year the Treasurer, Ravi Jain, were instrumental in overseeing the finances of the organisation and offering invaluable guidance about our financial management. We should record our appreciation to our auditors, Rehncy Shaheen, for their help and scrutiny during the year.

Premises

The most important practical issue that emerged during the year concerned our accommodation needs at Southall Town Hall. Midway during 2016 it became clear that Ealing Council were intent upon selling Southall Town Hall. The Town Hall has been home to SCA for many years and also accommodates Helplink, MAAS and a number of small businesses. Although financial reasons for sale were suggested, SCA challenged these explanations and offered an alternative model of operation. Unfortunately, our alternative vision was ignored when, in December 2016, Ealing Council's Cabinet approved a decision to dispose of the Town Hall.

In the following months we were told that 'disposal' did not mean a freehold sale but involved an offer of a long-term lease. The unsettling uncertainty of the situation was apparent to all and, with the aid of partners, we started a petition to ask the Council to reconsider its position.

In our meetings and in meetings around Ealing whenever the matter was discussed, there has been unanimous opposition to any sale. In contrast, at none of Southall's ward forum meetings was the issue of sale brought to the attention of residents or any consultation about the impact of sale. This is an on-going issue and one that will pre-occupy many organisations for a while yet.

Inspite of these uncertainties we have continued to support groups by providing access to free hot desk support. This is an important part of the work of SCA, since many groups still require access to meeting space, internet, printing facilities etc. During the year the SCA hot desks and meeting were used by various organisations including : Ealing Community Network, Somali Advice & Development Centre, Samafal Community Association, Helplink, Indian Workers Association, Punjabi Theatre Academy etc.

Southall Regeneration

The physical regeneration of Southall continues at a rapid pace. The continuing regeneration of Havelock Estate, the growth of the Southall Waterside development and the imminent arrival of Crossrail are just some of the measures that have placed Southall very much on the regeneration map.

However, at the same time the Southall community began to realise that the Jobcentre and Southall Police Station were at risk of closure. Having significant urban regeneration, alongside the potential closure of important local assets is not a sign of social progression and would reinforce the need to be more vocal about the erosion of our social infrastructure.

We continued to arrange meetings of the Southall Partnership, which oversaw aspects of regeneration delivery and ensured that a range of partners were involved in the processes of change affecting the town. We arranged 5 meetings of the Partnership during the year that had 45 attendees and covered various topics including : DISH project, adult learning, 'Back Heathrow' campaign, Southall College, Havelock regeneration, White Ribbon Day etc.

Healthy Walks

For the past three years SCA has been funded to deliver a programme of borough wide health walks. Previously we had been funded directly by Ealing Council but during this year the overall contract for such work was awarded to West London Mental Health Trust. This also brought about changes in the way that the new work would be monitored and evaluated and we need to record our thanks to Johnny Nota from WLMHT for his support and patience in overseeing this change.

The walks themselves lasts for between 30-45 minutes and are led by a trained walks leader. During the year we had an average of between 140 to 200 walkers every week. We arranged 10 weekly walks which took place in Southall park, Bunny Park, Northala Fields, Recreation Park, Norwood Hall, Acton Park, Rivenor Park, Spikes Bridge Park and Walpole Park.

We had total number of 4662 walkers who attended the walks between March 2016 – March 2017



SCA worked closely with the DICE team to arrange a diabetes health check session at the Park Ave Gurdwara in Southall.

Public Health Project

Our 'Healthier Ealing' project is a partnership initiative that delivers a programme of activities that reduce health inequalities, help people to live healthier lifestyles and make healthier choices. We built on our work from previous years with our partners including GNP Community

Forum, Ealing CVS, Acton Community Forum and Lido Centre to deliver a wide range of public health activities across different localities in Ealing.

During the year we saw a growing demand from schools and Children's Centre's, who sought help for summer and healthy fairs. In addition to our regular activities, some of our main achievements during the year included :

- Vaiskahi health information stall
- 'Memory Walk' with Alzheimers UK
- Cancer awareness workshop with Imperial College NHS Trust
- 'Beat the Street' challenge
- Greenford High School sports day
- Featherstone High School sports day

Self Care Project

SCA leads a borough wide consortium offering free self-care and educational support to adults with chronic illness and long-term conditions. This work is gaining more importance in the context of reducing NHS funding, substantial changes in the health and social care sector and with the complex needs of a growing and diverse community.

Our project seeks to help residents adopt healthier lifestyles by focusing upon physical activity, balanced diet/nutrition and being better able to look after their health. In pursuit of this work we worked with 26 groups / partners including:

The Clementine Care Agency Group, Care Co-ordinator team, Horn of Africa Disability Elderly Association, Healthwatch, Southall Day Centre, COSIE project, Mahila Sabha, Helplink, Age UK, Dementia Concern, Somali Advice & Development Centre, British Keralites Association, Samafal Community Association, Ealing Advice Service, Northolt Library Senior Residents Group, Northolt Library over 50's Group, Dr Bike, Grand Union Village CDT, DICE team etc

Such an extensive range of worked involved us working at over 24 venues including:

Viking Community Centre, Carers Centre, Mattock Lane Pharmacy, Sri Guru Singh Sabha (Park Ave, Southall), Milap Centre, Southall Town Hall, Oaktree Community Centre, Holy Trinity Church, Dominion Centre, Smiths Farm Community Centre, Gifford Primary School, North Acton Pavilion, Northolt Library, Greenford Salvation Army, Perivale Community Centre, Ealing Sports Ground, Greenford Methodist Church, Medlar Farm Community Centre, Grand Union Village, St Mary's Church (Acton), Rivenor Primary School, Greenford Community Centre, Lido Centre etc

The total number of Ealing users was over 6,600 residents. Some of our main or regular activities in Southall included:

- Monthly film shows to combat social isolation amongst elderly Asian women
- health information workshops for Tamil/South Asian resident and carers
- weekly group activity at Southall Day Centre involving recreational activities and health talks
- working with HADEA to host weekly Somali elders reading/internet club helping adults to access new social care services
- working with Ealing CCG to provide self care resources to all Ealing GP's and community pharmacies during national self care week

Better Care Fund

Our Better Care Fund project was another partnership initiative that aimed to raise awareness of NHS and community services, at the same time seeking to reduce A&E admissions by advising people of alternative health support. Our partners were the Armenian Centre, Southall Day Centre and Acton Community Forum.

- SCA carried out a resident survey about their awareness and use of health services that would be an alternative to hospital usage. Over the course of the project we obtained responses from over 1600 Ealing residents
- Armenian Centre and Southall Day Centre arranged home visits, health talks and 'message in a bottle' scheme
- Acton Community Forum promoted NHS Choices, availability of winter health services and distributed information packs to different venues / centres

Although this was the end of two year project we were disappointed when the funders decided not to continue with this work.

Diabetes Week

For the past two years SCA has been funded by Ealing CCG to deliver a programme of activities of Diabetes Week that raised awareness of diabetes prevention steps and local services. As part of our 2016/17 programme we arranged :

- 8 outreach stalls took place at different locations during Diabetes Week
- Large diabetes screening event at Sri Guru Singh Sabha Gurdwara at Park Avenue. A total of 200+ residents had their blood pressure, blood sugar, weight etc measured and GP referral made, where necessary.
- Our very successful Community Sports Day was again arranged at Spikes Bridge Park, attracting hundreds of residents and multi-partner support, all making for a fun filled day. The sports day was a multi-partner collaboration and involved invaluable contributions from London Tigers, Berkeley Homes, Met Police, Southall College, Somali Advice and Development Centre, Ealing CVS, Southall Contact a Family, Everyone Active, Horn of Africa Youth Association and Penny Appeal.

As ever, our thanks go to Ealing CCG and the Vice-Chair, Dr Raj Chandok and Grace Vanterpool and Bal Sandhu from the wonderful DICE team.



Led by Southall Transition, residents and groups enthusiastically took to planting community orchards in our local parks.

Fundraising Project

This was another year in which small VCS continued to struggle in the face of national austerity measures. Many of these groups struggled to cope with an increasing demand from high needs residents combined with increasing difficulty in accessing funding to help deliver this work.

Our fundraising project has been in force since 2004 and we had to adapt to these challenging circumstances. Our fundraising officer, Suki Kaur, ensured that a range of funding bids were submitted during the year. A smaller number of applications were submitted for small organisations, as there were fewer small grants schemes. However, there were more opportunities for larger applications to be submitted by consortia and partnerships, which has been a more efficient way to attract funding for smaller organisation's.

An innovative response to this situation was provided through the delivery of our Transition project. Using funding provided via Ealing CVS we looked to promote partnership and consortia development amongst BME groups and the other of small health and social care groups.

As part of this initiative we worked with Acton Community Forum and CAIA to arrange a number of networking meetings to engage small VCS groups in opportunities for joint working with the view to developing partnership and consortia applications. We then assessed which groups were interested in working in consortia and helped develop two partnerships and assist them with funding applications.

Two funding bids were submitted to the City Bridge Trust and Henry Smith Charity respectively and the groups supported included : Vince Hines Foundation, Mahila Sabha, Family First, Samafal Community Association, HADEA, Gujarati Women's Association, Sri Singh Sabha EC, Family First and Helplink.

Fostering Project

We concluded our community fostering project during the year. This partnership project also involved Acton Community Forum, Lido Centre, Pre-school Learning Alliance and GNP Federation. Initially conceived of as an attempt to improve fostering levels we found this a difficult piece of work, with the emphasis upon recruiting and developing residents as potential foster carers. As the year progressed it became clear that recruiting significant numbers of new foster carers was not possible in a short period of time, even with the sterling support of the Ealing Council Fostering Team.

UK Online

SCA has been very successful in helping residents access IT skills training. Since April 2016 SCA have helped 4662 people registered through UK Online. 900 people have signed up for basic IT course, 300 people have completed full basic IT course which included using email, NHS Choices, GP services online and using the internet.

John Lyons

This was the final year of our Southall based project, funded by the John Lyons Charity, to support families and children affected by poverty and poor access to services. One element of this work was to revalidate supplementary schools at the NRCSE at Bronze level (minimum) with recommendations that they strive to achieve silver in due course. We also supported organisations with funding support for young people's projects. Applications to Awards for All, Arts Council and City Bridge Trust were drafted for organisations.

A parallel development began to emerge during the year with the establishment of the Young Ealing Foundation. In a bold and extremely welcome move, John Lyons Charity have sought to establish such Foundations in boroughs where they fund youth work. The longer term vision for these Foundations was that they could become vehicles to support local groups working with young people and thus fill the increasing vacuum created by diminishing local authority investment in this sector.

A CIO was set up in partnership with other stakeholders and an application has been submitted to City Bridge Trust. Further developments continue to take place and these will pick up momentum over the coming months.



Southall residents and politicians made felt the unanimous opposition to the proposed closure of the local Jobcentre

BUPA UK Foundation

Our 'Fighting Fit' project involved weekly exercise and learning sessions in Southall, helping physically inactive older Asian and African carers to manage their health and get fitter. Our target was to get inactive, stressed and unpaid BMER carers exercising regularly in groups to lose weight and train some as 'Exercise Champions', to enthuse other carers. In terms of activity we particularly focussed upon elderly and female carers, using yoga, walking, armchair exercise and otago to improve the fitness, posture and stamina of all participants.

BLF Celebrate

SCA sought to build on the diverse community connections in Southall through our 'Saree's, Steelbands and Samosa's' project. The project sought to bring together the diverse communities of Southall through a community fun day that celebrated the differences that make our town

unique and, in the process, create connections, conversations and understanding between people who live different and separate lives.

Our cross cultural activities helped Southall residents to work together in a way that built appreciation and understanding of different cultures in a very visible way. This need to provide opportunities for people from different backgrounds and cultures to interact and learn from each other is a growing issue in an area notable for the diversity of the local population.

SCA Community Forum

The SCA Community Forum remains our main platform for interacting with local residents on matters of topical concern and providing them with the opportunity to voice their opinions and shape the way that services are provided. One of the key functions of SCA as an organisation is to create better connections, networks and understanding between individuals and organisations from different communities, faiths and interest groups and the Community Forum helps to achieve this.

During this year we arranged three Forum meetings that were attended by 86 people. In the meetings there was a focus upon the future of Southall Town Hall, Heathrow expansion, Southall Town Centre, Gaswork development and sale of Southall JobCentre. The organisations in attendance included : British Keralites Association, Horn of Africa Disability Elderly Association, Indian Workers Association, St John's Church, Punjabi Theatre Academy, Helplink, A Rocha, Southall FC, London Tigers, Samafal Community Association, Southall FC etc.



SCA arranged a number of Community Forum meetings where the future of Southall Town Hall brought together residents and groups.

Neighbourhood and Community Development Project

SCA was established as a funded organisation in 2003 with the advent of the Neighbourhood Renewal strategy. Since then we have continued to be supported in this role of acting as the main hub for community support in Southall. One of the other changes to this work has been the increased geographical coverage of contemporary work, made possible by our experienced area based partners Ealing CVS, Greenford, Northolt & Perivale Confederation, Lido Centre and Acton Community Forum.

This area based project improved cross borough working between the organisations concerned and delivers a large range of outputs in each part of Ealing, building on the strengths of the partners. This has included :

- Supporting over 40 VCS groups with capacity building or funding help
- working on East Acton LSP project
- Old Oak development
- helping residents access information about ward forum meetings
- community consultations
- supporting local community safety initiatives

During the year this work supported over 10,000 residents, directly and indirectly, across Ealing's localities and greatly improved community connections. This is a crucial area of work as the pace of demographic change in Ealing is startling and it is essential that we engage with and support newer and therefore more vulnerable communities across Ealing's localities.

Partnership and Thanks

This report and our achievements during the year reflect much more than the work of SCA alone. In fact, many of our key outputs have only been possible because of our good partnership links with other groups and individuals, who have contributed in so many invaluable ways to our work.

Some of these important partners and contributors during 2016/17 were :

Centre for Armenian Information & Advice, Getting Together, Healthyself, Southall Transition, Helplink, London Tigers, Ealing CVS, Acton Community Forum, GNP Confederation, Lido Centre, Somali Advice & Development Centre, Greenfields Children's Centre, Horn of Africa Disability Elderly Association, MAAS, Southall FC, British Keralites Association, Samafal Community Association, A Rocha UK, Vince Hines Foundation, Yeelo 2-Education, Southall Day Centre, Southall Self Defence Club, Imperial College NHS Trust, West London Mental Health Trust, Ealing CCG, Dementia Action Alliance, Horn of Africa Youth Association etc.

We look forward to continuing to work with these and other partners in the coming year, raising the profile of work that community groups deliver in Southall and connecting residents to local services.

SCA Board Members

Harsev Bains
(Chair)

Balvinder Chahal
(Vice -Chair)

Amir Fouladvand
(Company Secretary)

Ravi Jain
(Treasurer)

George Twyman

Ahmed Mohamed

Dil Mohan Bhasin

Maria Doss

Sarabjit Bachu

Iqbal Vaid

Ibrahim Osman

SCA Staff / Volunteers

Janpal Basran - Manager

Babie Kapoor - Administrative Officer

Suki Kaur - BMER Fundraising and Development Officer

Lush Gill - Projects Assistant

Jackie Sear - GNP Project Manager

Zeina Mehio - Public Health Worker

Manjit Rooprah – Volunteer

Fathiye Diriye - Administrative Officer (maternity cover)

SCA Voting Members

1. A Rocha UK
2. Access for Support and Development Centre
3. Acton Family & Youth Centre
4. African Support Network
5. Aid Community Group
6. Al-Hayat Cultural and Welfare Association
7. APNA
8. Apna Style Arts
9. Appropriate Support and Training
10. Asian Men's Support Group
11. Association for Community Cohesion (ACC-UK)
12. Asylum & Refugee Care
13. Bahar Centre
14. BBA
15. British Keralites Association
16. BUCMAS
17. Daryeel Foundation
18. Dormers Wells Nursery & Community Centre Trust
19. Drug and Alcohol Action Program (DAAP)
20. Ealing Community Transport
21. Ealing Dyslexia Association
22. Ealing Local Involvement Network (LINK)
23. Ogaden Community Association
24. Pakistan Welfare Association
25. Punjabi Theatre Academy
26. QOYS Foundation
27. RAAD
28. REAP - Refugees in Effective & Active Partnership
29. Youth Focus Initiative
30. Voice of Dalit International
31. Water Tower Housing Co-operative Ltd
32. West London Asian Society
33. West London Minority Group
34. West London Somaliland Community
35. Mind All Support Group
36. Ealing MENCAP
37. Ealing Passenger Transport Users Group
38. Ealing CVS
39. Ealing Somali Welfare & Cultural Association
40. EASE
41. Education & Social Group
42. Emmanuel Church and Youth Project
43. EREC

44. Focus Forth UK
45. Golden Opportunity Youth Association
46. Havelock Family Centre
47. Havelock Independent Residents Association
48. Helplink
49. Holy Trinity Church
50. Home-Start Ealing
51. Hope Generation Africa
52. Horn of Africa Disabilities & Elders Community
53. Horn of Africa Disability & Elderly Association
54. Horn of Africa Women Groups
55. Horn of Africa Youth Association (HAYA)
56. I.W.A - The Green Southall
57. Ikma Community Action
58. ILAYS
59. International Friendship Forum
60. International Saraiki Association
61. IWA (GB)
62. KalKal Community Training Centre
63. KARVAAN
64. Kumbhar Women's Group
65. MAAS
66. Mael Gael
67. Mahila Sabha
68. Maisha Africa Development Initiative
69. Oakley Training Centre
70. Nav Jeevan Asian Society
71. Refugee Against Drug and Crime
72. Sadaghah Welfare Development (SWD)
73. Samafal Community Association
74. Shaheed Bhagat Singh Welfare Centre
75. SHIP
76. SIROAID
77. Slavic & Baltic Community
78. Somali Advocacy & Integration Centre
79. Somali Aid and Development Association (SAADA)
80. Somali Assoc. for Educational, Cultural Development
81. Somali Centre for Political & International Studies
82. Somali Community Information Centre
83. Somali Learning Disability and Carers Assoc.
84. Somali Messenger Project
85. Somali Optimistic Society Association (SOSA)
86. Somali Regeneration Programme
87. Somali Women's Community Group
88. Somali Youth Helpline

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89. Southall History Society
90. Southall Law Centre
91. Southall Quaker Meeting
92. Southall Rights
93. Southall Rangers
94. Southall Show Society
95. Sri Guru Singh Sabha
96. St Georges Church
97. St Joseph's Drive Residents
98. Tamil Community Centre
99. The Centre for the Nepalese & the Gurkhas
100. The Panjabi Centre